

FOCUS on Kids



Focus on Kids (FOK) offers a 100% online program for parents divorcing, separating, or modifying their parenting plan.

To take the online course, please follow the steps below:



1. Register your account [here](#)



2. Receive confirmation email, click on link, and go to payment screen



3. Submit \$45 fee. If you have filed a certificate of inability to pay with the court, please let us know.



4. Log in, complete the course, print/save your certificate, and file it with the court

Program goals include:

- Understand the importance of the sustained, supportive, nurturing involvement of both parents
- Learn about your child's needs, abilities, and common reactions during separation and divorce
- Focus on helpful co-parenting behaviors and learn behaviors to avoid
- Receive additional information on community resources

<https://extension.missouri.edu/programs/focus-on-kids>



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